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LEADER BACK FOR THIRD TERM AS PRESIDENT,
BUT NOT EVERYONE IS HAPPY ABOUT IT

PAGE 5



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Alberta traffic sheriffs Supt. James Stiles, left, and RCMP Chief Supt. Rick Taylor speak to the media about a recent crackdown on Highway 63, outside RCMP K Division Headquarters in Edmonton on Monday. HEATHER MCINTYRE/METRO

Highway 63 crackdown nets 600-plus charges

Traffic blitz. Police say speeding an issue on many stretches of Alberta roads



HEATHER MCINTYRE
heather.mcintyre@metronews.ca

More than 600 charges were laid in a four-day traffic blitz on Highway 63, but police warn it's not only one roadway that's a problem.

"It just seems people aren't getting the message," Alberta traffic sheriffs Supt. James Stiles said Monday. "They're not slowing down

and they're committing other traffic infractions."

Between last Thursday and Sunday, officers patrolled Highway 63 between Redwater and Fort McMurray for 600 hours — about 150 more than on a typical weekend.

"What's particularly disturbing for us is that we continue to send officers up there, and they continue to find people exhibiting poor driving behaviours," said Stiles.

The charges were double what officers normally issue and included 552 speeding, four alcohol-related, and 95 hazardous violations, including dangerous driving.

The crackdown came

after seven people were killed April 27 on the route, where dozens have died over the past few years.

"What happened on Highway 63 is a terrible tragedy," said RCMP Chief Supt. Rick Taylor. "At the end of the day ... this is about driver behaviour and decisions drivers are making when they are out on our highways."

The province committed to twinning the 240-kilometre highway in 2006, and said Monday options are being reviewed to accelerate the work.

Follow Heather McIntyre on
Twitter @MacTheWord



Trucks could control lights

Pilot project will allow fire-fighters to change lights to green at intersections, which could help increase response time

PAGE 3

The myth of Bob Marley

We all know his music, but a new documentary uncovers the many facets of Bob Marley as father, friend and lover

PAGE 8

OT magic in the Big Apple

Rangers mount a comeback to escape New York with a 3-2 series lead over the Washington Capitals

PAGE 20

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Corporal's suicide. His mother alleges military tapes were doctored

A hearing into the suicide of a young soldier was thrown off course Monday by allegations that tapes of the military's interviews with his family were doctored.

Cpl. Stuart Langridge's mother told a Military Police Complaints Commission hearing that portions of her interviews with military investigators appear to be missing from audio recordings.

Sheila Fynes' allegations came as she was questioned over her dealings with the military and what she was told by them in the months after her son's death.

Lawyers suggested some of her interactions with them weren't reflected in transcripts of interviews, but she says the tapes appear to have been altered.

The hearing into Langridge's death was called because of complaints by the Fynes family that the military's investigations were biased and focused on exonerating the Forces.

Hours after the young soldier took his own life, his cellphone was used to surf the Internet for 30 minutes, the

hearing heard onday.

It was one of several disturbing actions that occurred in the hours and days after Cpl. Stuart Langridge's suicide in 2008, his mother told the Military Police Complaints Commission.

"We don't make this stuff up as things go along," Sheila Fynes said.

It was her second day of testimony before the commission, which is examining the military's investigation into the suicide.

The 28-year-old corporal was a veteran of both Bosnia and Afghanistan and was struggling with drug and alcohol addiction when he died.

His family alleges that the military examinations of his death were biased and focused on exonerating the Forces.

Fynes told the hearing her family was stonewalled every time they tried to get information from defence officials.

That included getting a copy of her son's suicide note, which they were told was being withheld because it was part of the investigation.

THE CANADIAN PRESS

Rafferty's mom defends son against murder rap

Michael Rafferty trial. Accused's mother claims outside court that her son is not guilty of killing eight-year-old Victoria Stafford

Terri-Lynne McClintic is like "Jekyll and Hyde," casting herself as an un-

willing participant in her lover's scheme to abduct a child, when in fact the bloodthirsty young woman sought out Victoria Stafford and savagely murdered her, Michael Rafferty's lawyer suggested Monday.

The kidnapping was not orchestrated by Rafferty, there is no objective evidence that Rafferty raped Tori as alleged, and he is not the one who wielded the hammer, Dirk Derstine

suggested. For McClintic to testify otherwise is "absurd," he said.

Rafferty was there when Tori died from blows to the head with a hammer, and he may have even come to realize at some point in the 2 1/2 hours the little girl was being held against her will, Derstine told the jury in his closing arguments.

The rest, he scoffed, is a fiction invented by a troubled woman who "per-

jured herself over and over and over again."

McClintic, who has a proven history of violence and torture ideation, was the true engine behind Tori's death, Derstine said.

Michael Rafferty's mother was at the London, Ontario courthouse. She said her son is not guilty of killing Victoria.

The Crown makes their closing address Tuesday.

THE CANADIAN PRESS

Pharmacy partners with CMHA

Too often, mental health is still a taboo subject—seen as a sign of weakness rather than a treatable illness.

And those suffering with addictions, depression, bi-polar disorder or schizophrenia, often suffer instead of seeking treatment.

"People are often hesitant to talk to family, employers—even their family doctor,"

said Murray Whitby, vice president of Medicine Shoppe Canada.

"Sometimes the pharmacist can be the right person—as drug therapies are often a part of mental health treatment, our front-line people have the background knowledge, and can provide a continuity of care.

Or they can recognize signs

of mental illness and get the conversation started."

As part of the CMHA's Mental Health Week, May 7 to 13, Medicine Shoppe Canada announced on Monday an ongoing partnership with the CMHA as its cause of choice, working nationally and locally to support Canadians who are recovering from mental illness. LUCY HAINES/FOR METRO

Mental-health strategy

New campaign

The fight against cancer is being looked at by the Mental Health Commission of Canada as inspiration for their new campaign.

CIA intercepts another al-Qaida underwear bomb

The CIA thwarted a plot by al-Qaida's affiliate in Yemen to destroy a U.S.-bound airliner using a bomb with a new design close to the one-year anniversary of the killing of Osama bin Laden, the Associated Press has learned.

The plot involved an upgrade of the underwear bomb that failed to detonate aboard a jetliner over Detroit on Dec. 25, 2009. This bomb also was designed to be used in a passenger's underwear, but this time al-Qaida developed a more refined detonation system, U.S. officials said.

The FBI is examining the latest bomb to see whether it could have passed through airport security and brought down a plane, officials said. They said the device did not contain any metal, meaning it might have passed through an airport metal detector. But it was not clear whether body scanners used in many airports would have detected it.

There were no immediate plans to change security procedures at U.S. airports.

The Yemen-based would-be suicide bomber had not yet picked a target or bought a ticket when the CIA stepped in and seized the bomb, officials said. It was not immediately clear what happened to the alleged bomber.

Spokeswoman for the

About the bomb

The CIA won't say much about the plan, except:

- **It's not a new idea.** This is the second attempt by al-Qaida to hide a bomb in underwear.
- **The device contained no metal parts.** This may have allowed it to get by most security systems.

White House Caitlin Hayden said President Barack Obama learned about the plot in April and was assured the device posed no threat to the public.

The operation unfolded even as the White House and Department of Homeland Security assured the American public that they knew of no al-Qaida plots against the U.S. around the anniversary of bin Laden's death. The operation was carried out over the past few weeks, officials said.

"We have no credible information that terrorist organizations, including al-Qaida, are plotting attacks in the U.S. to coincide with the anniversary of bin Laden's death," White House press secretary Jay Carney said on April 26.

On May 1, the Department of Homeland Security said, "We have no indication of any specific, credible threats or plots against the U.S. tied to the one-year anniversary of bin Laden's death."

The AP learned about the thwarted plot last week but agreed to White House and CIA requests not to publish it immediately because the sensitive intelligence operation still was under way. Once officials said those concerns were allayed, the AP decided to disclose the plot Monday.

It was not clear who actually built the bomb, but, because of its sophistication and its similarity to the Detroit bomb, counterterrorism officials suspected it was the work of Ibrahim Hassan al-Asiri or one of his proteges. Al-Asiri constructed the first underwear bomb and two other devices that al-Qaida built into printer cartridges and shipped to the U.S. on cargo planes in 2010.

Both those bombs used a powerful industrial explosive. Neither succeeded.

The operation is an intelligence victory for the United States and a reminder of al-Qaida's ambitions, despite the death of bin Laden and other senior leaders.

THE ASSOCIATED PRESS



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A protester is detained in St. Petersburg during a rally against Vladimir Putin's inauguration. DMITRY LOVETSKY/THE ASSOCIATED PRESS

Putin sworn in for third term as hundreds protest

Kremlin. At least 120 detained by riot police outside the Russian leader's inauguration ceremony

Vladimir Putin took the oath of office in a brief but regal Kremlin ceremony on Monday, while on the streets outside thousands of helmeted riot police prevented hundreds of demonstrators from protesting his return to the presidency.

Putin, 59, has ruled Russia since 2000, first as president and then during the past four years as prime minister. The

Quoted

"I consider serving the fatherland and our people to be the meaning of my whole life."

Russian President Vladimir Putin

new, now six-year term will keep him in power until 2018, with the option of running for a fourth term.

"I consider serving the fatherland and our people to be the meaning of my whole life and my duty," Putin said while addressing 3,000 guests in a Kremlin hall glittering with gold leaf.

Despite unprecedented security measures in the centre of Moscow, where streets were closed to traffic and passengers prevented from exiting subway stations, at least 1,000 opposition activists tried to protest along the route Putin's motorcade took to the Kremlin. Police picked out anyone wearing the white ribbons that are the symbol of the anti-Putin protest movement.

The demonstrators, separated into several groups, were met by helmeted riot police. At least 120 were detained, including Opposition Leader Boris Nemtsov, who was grabbed while sitting at an outdoor café.

THE ASSOCIATED PRESS

Afghanistan

No evidence of foul play in Skype death

U.S. army investigators said Monday they found no bullet wound or evidence of foul play in the death of a soldier in Afghanistan who died during a Skype video chat with his wife.

Capt. Bruce Kevin Clark collapsed while speaking to his wife on May 1 from his base in Tarin Kot, Afghanistan. His wife, Susan Orellana-Clark, has suggested that Clark was shot, citing a hole visible in the closet behind him that she believed was a bullet hole.

THE ASSOCIATED PRESS

South Korea. Powdered baby-flesh capsules seized

South Korea has seized thousands of smuggled drug capsules filled with powdered flesh from dead babies, which some people believe can cure disease, officials said Monday.

The capsules were made in northeastern China from babies whose bodies were chopped into pieces and dried on stoves before being turned into powder, the Korea Customs Service said.

Customs officials refused to say where the dead babies came from or who made the capsules, citing possible diplomatic friction. Chinese officials ordered an investiga-

tion into the production of drugs made from fetuses or newborns last year.

The customs office has discovered 35 smuggling attempts since August of about 17,450 capsules disguised as stamina boosters.

Some people believe them to be a panacea for disease, the customs service said in a statement. The capsules of human flesh, however, contained bacteria and other harmful ingredients.

The smugglers told customs officials they believed the capsules were ordinary stamina boosters.

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Four Air Canada execs earning more as CEO earns less

Earnings. Despite airline's plummeting share price, top brass received first-class treatment in 2011

The compensation package for Air Canada's CEO fell 12 per cent last year, while the payouts of the airline's four other top executives soared even though continued losses drove its share price down more than 70 per cent.

Calin Rovinescu earned \$4 million in 2011, down from \$4.55 million a year earlier, but higher than the \$2.6 million during his first nine months on the job in 2009, according to a proxy circular.

Chief financial officer Michael Rousseau, chief operating officer Duncan Dee, chief commercial officer Benjamin Smith and senior vice-president of operations

Proxy report

- One of Rovinescu's key accomplishments was to manage through several actual and threatened labour disruptions, including a three-day strike by service and airport workers with minimal passenger disruption, said the proxy report.

- Air Canada is taking its annual shareholders meeting on the road this year to Calgary, headquarters of its chief rival WestJet Airlines.

David Legge each saw their compensation increase by between 18 per cent to nearly 47 per cent.

Base salaries remained mostly steady but each executive saw large gains in share and options-based awards while non-equity incentives fell.

Rousseau's compensation grew to \$1.68 million, Dee's was \$1.62 million, Smith made \$1.37 million and Legge's was up to \$1.15 million.

Rovinescu's compensation doesn't include the \$5-million retention bonus awarded in March, which will show up on next year's compensation.

However, 280,000 options granted to him over the past two years were cancelled at his request. The Montreal-based airline lost \$249 million or 92 cents per share last year despite a 7.7 per cent increase in revenues to \$11.6 billion.

Still, the executives were rewarded for having increased revenues, mitigating fuel-expense increases, preserving liquidity, surpassing cost-cutting targets, achieving high load factors and achieving 90 per cent of the pre-tax operating earnings targets despite fuel and labour challenges.

THE CANADIAN PRESS



Buffett backs pipeline

Billionaire Warren Buffett, pictured above during an interview with the Fox Business Network in Omaha, Neb., on Monday, says he supports the Keystone XL pipeline that TransCanada wants to build to carry Canadian oil south across the Great Plains to connect to Gulf Coast refineries. The chairman and CEO of Berkshire Hathaway, meanwhile, is keeping secret the identity of the person likely to succeed him as CEO but he is narrowing the field — he says the top choice and two backups are men. NATI HARNIK/THE ASSOCIATED PRESS

Pepsi. Heirs of developer sue company

The heirs of the man who helped develop the formula for Pepsi are suing the soda company over their right to share with the public documents detailing their father's invention.

The daughter and son of Richard Ritchie say PepsiCo Inc. is interfering with their ability to market or sell the rights of their father's life story and documents detailing his 1931 soda formula. The suit seeks a declaration that their disclosure of the documents would be protected by First Amendment rights and wouldn't be considered a trade-secret violation.

"The original formulas of iconic beverages and the lore that surrounds their genesis and provenance are of great interest to the public," the suit states.

In a lawsuit filed in Manhattan federal court, Joan Ritchie Sillick and Robert Ritchie also seek unspecified damages for "unjustified and improper acts that have interfered" with their rights regarding their father's documents.

A representative for PepsiCo said the Purchase, N.Y., company does not comment on pending litigation.

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New Flyer teams with Alexander Dennis for bus

Bus builder New Flyer Industries Inc. is teaming with British counterpart Alexander Dennis Ltd. to introduce a North American medium-duty low-floor bus.

The so-call "midi bus" will be specifically developed and tested to a 10-year operational life. The strategic partnership is aimed at building on New Flyer's North American market-leading position and the midi bus design expertise of Alexander Dennis.

Alexander Dennis has delivered more than 16,000 units of this class of bus to customers throughout the United Kingdom, Hong Kong, New Zealand and Australia.

"Transit operators are faced with unprecedented pressure to operate and adapt

Bus manufacturers

New Flyer is the leading manufacturer of heavy-duty transit buses in Canada and the United States with manufacturing facilities in Winnipeg and St. Cloud and Crookston, Minn.

- It also has a parts-fabrication facility in Elkhart, Ind.,

and four parts centres in Winnipeg, Erlanger, Ky., Fresno, Calif., and Brampton, Ont.

- Alexander Dennis is Britain's biggest bus and coach manufacturer with build partnerships in Hong Kong, China and New Zealand.

their fleets in today's tough economic conditions," said New Flyer president and CEO Paul Soubry.

"With the escalating costs of fuel and maintenance, there are many of our transit customers' routes that do not require a full-sized, heavy-duty

bus with a 12-year design life."

Soubry said the company also believes that private shuttle operators in North America are looking for a "high-quality product" of this type.

THE CANADIAN PRESS

StatsCan. Permits going strong

House-building intentions continued to slow in March, but the construction industry as a whole still looked strong thanks to plans for new institutional and commercial building.

Statistics Canada said Monday that building permits rose an above-consensus 4.7

per cent to \$6.8 billion for the month, following a 7.6 per cent gain the previous month.

Economists had expected a more modest 1.5 per cent increase. But all the action was on the non-residential side. Institutional building intentions rose a stunning 88.4 per cent.

THE CANADIAN PRESS

United Arab Emirates

Bank of Montreal opening office in Abu Dhabi

Bank of Montreal said Monday it is setting up a representative office in the United Arab Emirates as part of an expansion plan.

The bank has been operating in the region for nearly half a century, it said, and the move will expand its asset-management and investment-banking services to clients in the Middle East and North Africa.

THE CANADIAN PRESS

Market Minute

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UNEXPECTED LIFE LESSONS FROM MOM



SHE SAYS...
Jessica Napier
metronews.ca/shesays

With another Hallmark holiday coming up this weekend, I wanted to mark the occasion without boring you with yet another Mother's Day gift guide. And since mom really does know best

most of the time (except when it comes to using Facebook), I thought I'd share some of the pieces of wisdom my mother has given me over the years.

Don't be so concerned with what "everyone else" is doing. There is no "right way" to live — there is only your way. Being normal is extremely overrated, so don't allow other people's expectations and timelines dictate how you live your life.

Proper nutrition is important. In the summer months, drink plenty of sangria in order to increase your daily fruit intake.

Mom's the word

Over the course of her 50-something years, my mother has always practised regular relocation: jobs, houses, countries, etc. She constantly encourages me to visit new places, see new things and get a new perspective.

Location, location, location. This old real-estate adage can be applied to both house-hunting and life-living. Over the course of her 50-something years, my mother has always practised regular relocation: jobs, houses, countries, etc. She constantly encourages me to visit new places, see new things and get a new perspective.

Put your best foot forward. The bad footwear choices of your 20s will come back to haunt you later on in life. Sadly, the threat of flat feet and an orthotics dependency

haven't actually stopped me from investing in a closet full of unsupportive shoes. Sorry, mom.

Keep your home in bloom. Never depend on someone else to buy you flowers. You'll never regret treating yourself to a beautiful bouquet every once in a while.

One man's trash is a college student's entire living-room set. Before moving into my first student house, my mom insisted on trolling our neighbourhood to look for curbside couches and side tables. I was mortified as I watched her load up our minivan with hand-me-down furniture scavenged from other people's driveways, but you know what? It was an extremely cheap way to furnish a home for a bunch of jobless 20-year-olds. Who needs dignity when you have a free desk chair?

Players only love you when they're playing. Fleetwood Mac's entire discography is an appropriate soundtrack for almost any occasion, especially breakups.

You can't take it with you. My parents informed me long ago that any sort of inheritance is out of the question. Since you can't enjoy your money when you're in the ground, you might as well spend all of it before you go. Is this sound financial advice? Absolutely not. But nobody is going to remember you by the final balance in your bank account.



Moms (usually) know best. TARA WALTON/TORSTAR NEWS SERVICE

Hats off to a clean sweep



PHOTOS BY DAN KITWOOD/GETTY IMAGES

Chim Chim Cher-ee

Sooty set takes to the streets

A man dressed as a chimney sweep takes part in the annual Sweeps Festival on Monday in Rochester, England. The three-day festival dates back 400 years and was originally the one day in the year when chimney sweeps could afford time off to celebrate the coming of spring. This marks the festival's 32nd year since its reintroduction in 1981, with traditional activities including Morris dancers, who parade to Rochester Castle.

GETTY



Traditional chimney sweep Bryan Pearce, whose family has been sweeping chimneys for more than 300 years, poses for a photograph at the annual Sweeps Festival.

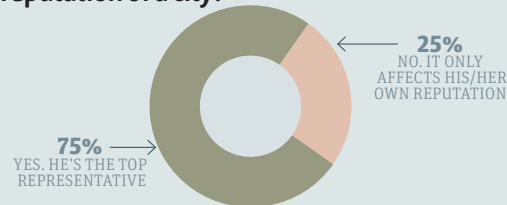
Dusting it off

- The traditional festival began to fade when the Climbing Boys' Act in 1868 made it illegal to hire young boys to sweep.
- A businessman and historian, Gordon Newton, revived the festival in 1981.
- Today, the festival is the largest May Day celebration of its kind in England, with dancing and performances by some of the biggest names in folk music.



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today was the first day this year I didn't have to wear tights! #yeg #summerisfinallyhere #barelegs

@yegonewheel:

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@katplesuk:

I'm trying really hard not to be annoyed at all the road construction. I am failing. #yeg

@kyle_itzy:

Early baby and sick dad don't mix. Time to get some rest. Don't care how nice it is today. #NotMovingOffThisCouch #yeg

@runnerjon:

Great, the annoying "do you have time to take a street survey" season has started. Avoid Jasper and 109 at all cost today #yeg

@jessicadenise8:

Is it strange that I actually enjoy going to the dentist? Haha #dentist #cleanteeth #yeg



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2

SCENE

Scene in brief

**News
network
aimed at
Latinos in
the works**

ABC News and Univision are teaming up to start an English-language news network aimed at Latinos. The networks said Monday that a website and mobile content will be available this year. A television network is expected next year. Univision News President Isaac Lee says the network, as yet unnamed, will not only inform Latino Americans but let viewers of all nationalities know what issues are important to people within that growing demographic. Disney and ABC Television Group chairwoman Anne Sweeney say the venture is an important step in broadening ABC's reach.

THE ASSOCIATED PRESS

On the web



Oops! Stradivarius cello worth \$20M broken in accident in Spain



A new documentary examines the great reggae legend, Jamaican musician Bob Marley. THE CANADIAN PRESS

Separating the man from the myth

Marley. New documentary about iconic singer aims to show what Bob Marley was like as a friend, father and lover

PAT HEALY

Metro World News in Boston

When award-winning director Kevin MacDonald (Last King of Scotland) turns his attention to a Bob Marley documentary, it's obviously going to go far beyond the "every little thing's gonna be all right" aspect of the late reggae legend.

"When I saw other things done on him in the past and read other books, I never felt like I knew him as a person," says the director.

"The aim is to see him as a man — what he was like as a lover, as a friend."

While he was alive, Bob Marley did very few on-camera interviews, so

MacDonald had to unearth other sources, which included Marley's teacher, his half-sister and a childhood friend.

"The main challenge of the film was getting the people to talk," says MacDonald.

"About a third of them have never spoken (about Marley) before."

In the film, simply titled Marley, MacDonald also provides an honest look at Marley's family life — he had at least 13 children from eight different women — and daughter Cedella speaks frankly about how the communal living situation at the singer's house deprived her of important time with her father.

"She felt that sense that he was always surrounded by the brethren," says MacDonald.

"It was a religious order, almost a military setup. He was called 'Skipper,' and he ran a very tight ship. He was strict with [his musicians] — he made them rehearse a lot. [Many people have an]

Quoted

"(Many people have an) image of Rastas that they lazed around smoking ganja all day, but in fact he was this driven guy."

Marley director Kevin MacDonald on Bob Marley's work ethic and expectations of his band

image of Rastas that they lazed around smoking ganja all day, but in fact he was this driven guy."

MacDonald says his own international experience helped reinforce his notion that it was time somebody re-examined the life of Bob Marley on film.

"When I was making The Last King of Scotland, I made that in Uganda and I was amazed by how in the slums of Uganda, you'd come across huge lots of Rastas singing Bob's music, playing Bob's music, doing murals of his face, graffiti of his lyrics. I was just realizing how Bob still speaks to people. ... In Tibet, Indonesia — not just an audience of college ston-

ers or Western people who chill out and love the vibe of it.

"It's also music that has a message that continues to appeal to people around the developing world. And that's the key about understanding Bob — he's the only Third World superstar."

"He didn't come from North America or Europe, he came from abject poverty, he grew up in a shack in the hills of Jamaica sleeping on an earth floor. ... So when you go to Indonesia, people have never heard of the Rolling Stones, but they've all heard of Bob Marley."

"In Nigeria, they've got streets and squares named after him."

DVD reviews



Underworld: Awakening

Directors. Mans Marling, Bjorn Stein

Stars. Kate Beckinsale, Michael Ealy

As Underworld: Awakening opens, vampire avenger Selene (Kate Beckinsale, still wearing that glorious skin-tight catsuit) has been in cryogenic deep freeze for 12 years, while knuckleheaded humans slowly figured out that there's been an undead riot goin' on below the greasy mean streets of Underworld land. In this, the fourth chapter of an increasingly dull horror fantasy franchise that pits vampires against werewolves against humans, Selene is awakened from her chilly slumber. She learns humans have not only discerned the presence of vampires and Lycans (werewolves) in their midst, they've come close to eradicating them. It's time to hang up Kate's catsuit and drive a wooden stake into Underworld.

PETER HOWELL

The Vow

Director. Michael Sucsy

Stars. Rachel McAdams, Channing Tatum

Based on a true story, but more accurately inspired by the romantic fantasies that fuel many a Valentine's Day movie date, The Vow is an example of personal chemistry barely exceeding genre formula. Channing Tatum and Rachel McAdams are Leo and Paige, a couple who are all wrong for each other until they realize they're all right. Cupid wins, marriage ensues, but the cooing is silenced by the dump truck that sends Paige to hospital and her memory to limbo. She can't remember who Leo is and can't imagine he'd be her husband. There's no mistaking elements of The Notebook here, which McAdams also starred in, and director Michael Sucsy doesn't scrimp on the suds. But Tatum and McAdams make a fine pair.

PETER HOWELL

Toni Morrison, on coming Home

New novel. Morrison's latest tells the story of a traumatized Korean War veteran who returns home to America in the 1950s

The Hudson River extends like the sun from the back of Toni Morrison's house, illuminated and infinite, undimmed by an unseasonably drab spring afternoon.

"It's interesting and soothing, and it changes constantly," she says from the comfort of a white armchair in her living room. "And at night, with the stars and the moon ..."

It's Saturday and the 81-year-old Morrison is in a relaxed, informal mood, wearing a grey blouse and slacks and dark slippers, a purple bandanna tied over her grey cornrow braids, her laugh easy and husky with a pinch of "Can-you-believe-this?"

You might mistake her for an ordinary neighbour ready for gardening until you see the pictures of her with James Baldwin, Gabriel Garcia Marquez and Elie Wiesel among others, or learn that the low wooden table by her chair was a prop from the film version of *Beloved*, her Pulitzer Prize-winning novel. Morrison does not need to worry about recognition in her lifetime. Nobel judges have honoured her, and so has Oprah Winfrey, whose book club picks have helped Morrison's novels

sell millions. Two presidential contenders, Barack Obama and Hillary Clinton, sought her support in 2008 and Obama will soon present her with a Presidential Medal of Freedom, the country's highest civilian honour. Her play *Desdemona*, a collaboration with director Peter Sellars and the Malian singer-songwriter Rokia Traore, will be staged in London during the Summer Olympics.

The legend gets the glory; the real person works. Morrison has a new novel out, *Home*, a brief, poetic story of Frank Money, a traumatized Korean War veteran who returns to the States in the 1950s. Morrison has long used fiction as a private and alternative history, whether the Civil War (*Beloved*), the 1920s (Jazz) or colonial times (*A Mercy*). With *Home*, she wanted to add some truth — about war, about racism — to the standard '50s narrative.

Like *Beloved*, *Song of Solomon* and other Morrison novels, the book is a journey and a reckoning. Using bus money given to him by a pastor, Money travels from the Pacific Northwest to Chicago to his dreaded hometown, Lotus, Ga., "the worst place in the

On the back burner

For her next novel, Morrison wants to write about a black intellectual, a shift from the uneducated characters who usually appear in her work.

- **Staying grounded.** "When I'm not thinking about a novel, or not actually writing it, it's not very good; the 21st century is not a very nice place. I need it (writing) to just stay steady emotionally," she says.

world," where nobody "knew anything or wanted to learn anything."

Warned from the start that the North is no less racist than the South, he encounters violence and segregation and the lawlessness of police. Once in Georgia, he is almost relieved. At least the pace is "human," Money observes, there was "time to instruct one another, pray for one another, and chastise children in the pews of a hundred churches."

Morrison, a native of Lorain, Ohio, never lived in Georgia.



Toni Morrison THE ASSOCIATED PRESS

But for *Home*, she drew upon stories from her father, a native of Cartersville, Ga., and from her memories of the South when she was an undergraduate at Howard University in Washington, D.C. She was on tour with fellow theatre students in the early '50s and was moved by how blacks took care

Quoted

"I was really trying to take off that scab, or that veil, or whatever it is, off the '50s. We're told that it was good times — post-war, GI Bill, people had jobs and the television was full of happy stories and so on, and that's it."

Author Toni Morrison, on her new book, *Home*

of her and each other, a bond dramatized in *Home* and many of her works. She knew what to expect from the whites in the South, but the revelation was how "lovely and generous and capable" the blacks were.

"If we arrived at a town where the faculty had made arrangements to spend the night and either the place we thought was nice, wasn't, or they didn't want the students to stay there, one of them would go into a phone booth. They would check the Yellow Pages for a black church and then call up a minister and say, 'We're from Howard University and we're a little chagrined because we don't have a place to stay,'" Morrison says. "And the pastor would say, 'Call me back in 10 minutes.' And in 10 or 15 min-

utes, he had rounded up his parishioners to take us in. We would go into these houses. And the women, they just fed us, took care of us, put us on these sweet-smelling sheets and cooked, and wouldn't take any money. We had to slip money under their pillows..."

As she gets older, Morrison says, the world becomes more interesting and more distressing. She is appalled at some of the remarks about Obama and the speculation that he was not an American citizen. But nature, and its mysteries, she responds to more than ever — the water, mountains, her garden. She watches *Planet Earth* on the Discovery Channel and marvels how it took "millions of years" for humans to evolve from "that thingy down there at the bottom of the sea."

THE ASSOCIATED PRESS



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Author hooks readers on saucy 'lifestyle' porn

50 Shades of Grey. Book is full of hot sex — and even better surroundings

KAREN
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Here's a dirty little secret: no matter how passionately engaged a woman might be, either in an actual intimate moment with her lover, or merely reading about one, she might be distracted by the drapes. Or that stain that would never come out of the carpet, or the bulb that's out in the chandelier.

We girls can't help it — for us, atmosphere is a big part of the romantic equation (which, boys, is a big part of the magic behind hotel sex). This little insight into how much style matters to a female audience has propelled the momentous career of chick-flick auteur Nancy Meyers, whose films (*It's Complicated*, *What Women*

Want, Something's Gotta Give) are successful precisely because they shower almost as much attention on the decorative detail of the characters' beautifully appointed interiors as they do on the romantic narrative.

The latest phenomenon to test this principle is a book that was first published online only to become a major sensation. E.L. James's dirty little S&M saga *50 Shades of Grey* is so hot with its female audience that bookstores are sold out of copies.

And its first-time author, recently named one of the 100 Most Influential People by *Time* magazine, now has a seven-figure contract with Vintage Books as well as a film deal for the series with Universal Pictures and Focus Films. Clearly, James knows what women want, and after reading the dismal book, I can only conclude it isn't great literature.

What *50 Shades* offers its readers is hot sex — lots and lots of it — with descriptions of the drapes, and the wine, and the clothes in between. And the first clue that the book



will also titillate the reader with its descriptions of style is the grey silk (read: powerful, fashion-forward) men's tie on the cover. Our hero, Christian Grey, is a wildly successful and powerful billionaire, of course. The global headquarters of Mr. Grey's empire are described as "all curved glass and steel, an architect's utilitarian fantasy, with 'GREY HOUSE' written discreetly in steel over the glass front doors."

Inside, in a vast lobby of "glass, steel and white sandstone," our heroine is greeted

by an immaculate blond "in the sharpest charcoal suit jacket and white shirt that (she) has ever seen," and seated in front of a floor-to-ceiling view of the Seattle skyline in an area filled with white leather chairs. The first time she lays eyes on Mr. Grey, he is described as "tall, dressed in a fine grey suit, white shirt and black tie with unruly dark copper-coloured hair and intense, bright grey eyes." Yes, there are a lot of grey things in this book.

In the plush comfort of his black Audi SUV (one of a per-



Women just can't get enough of E.L. James' new novel. TORSTAR NEWS SERVICE

sonal fleet of Audis), Mr. Grey blasts the Flower Duet by Debussy from the opera Lakme and Pachelbel's Canon. "My taste is eclectic," notes Grey, "everything from Thomas Tallis to the Kings of Leon."

Playing the full Pygmalion, the cultured Grey introduces our young heroine to oysters, the mysterious pleasures of both piloting a glider and flogging with a leather whip that sounds like it was designed by Ralph Lauren. They drink Pouilly Fume and pink Bollinger Grande Annee Rose 1999. And

he presents her with a first edition of Thomas Hardy's *Tess of the D'Urbervilles*, another Audi, and, weirdly, a BlackBerry (apparently this was written before the crash of RIM and the arrival of the iPhone 4) as gifts.

Along with actual porn, E.L. James has served up a mighty helping of what is typically referred to in the magazine biz as "lifestyle porn."

No wonder the heroine even considers being Grey's submissive. She's been swept off her feet by a stylized tsunami of aspiration.

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Messing with marriage: Debra on divorce

Debra Messing is opening up for the first time about her divorce from husband of 20 years Daniel Zelman, admitting that "til death do us part" might be asking a bit much these days.

"I think the institution of marriage is a noble thing. I think the idea of a partner for life is incredibly romantic," Messing tells Ladies Home Journal.

"But now we're living to 100. A hundred years ago people were dying at age 37. 'Til death do us part' was a much different deal."

Messing is reportedly dating her *Smash* co-star Will Chase, with rumours circulating that their relationship had something to do with the divorce.



Debra Messing ALL PHOTOS GETTY IMAGES

Jessica making caftans cool

While she was pregnant with daughter Maxwell, Jessica Simpson admitted she'd had a dream about giving birth in a leopard-print caftan.

So, did her dream-prove prophetic? Not quite, as it turns out. A source close to Simpson says that the dream spurred her to search for the item in real life, though while "she did find one online, it wasn't quite leopard but it was a gorgeous pattern," according to *Hollyscoop*.

"Sadly, I don't think they allowed her to give birth in it," the source adds. "She was wearing another pretty caftan today, though."

Simpson may have found a new signature look.



Jessica Simpson

Bynes isn't off the hook quite yet



Amanda Bynes

While no further trouble seems to be coming Amanda Bynes' way from her recent hit-and-run incident, the same can't be said of her arrest for drinking under the influence last month.

In fact, formal charges are reportedly pending for

the former Nickelodeon star, according to *Radar Online*.

"Amanda Bynes refused to take a breathalyzer test or blood test which is required under California law when someone is arrested for a DUI," a source says.

Twitter



@AlbertBrooks

Breaking News: Romney will choose The Avengers as his running mate.



@SteveMartinToGo

I shot an arrow into the air, where it landed, I know not. gulp.



@SethMacFarlane

Okay Hindus, trim it down to about 5 gods and I swear I'll learn their names.



@jimmykimmel

Is anyone else obsessed with charging handheld devices or is it just me?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Heckle Russell Brand at your own risk

MONICA
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Russell Brand was likely expecting some heckling at his stand-up show Saturday night. It was, after all, Cinco de Mayo in Atlantic City, where tequila is always the breakfast beverage of choice.

But when one audience member wouldn't stop shouting "Katy Perry," the comedian left the stage to defend his ex-wife's honour — or, more accurately, summon the powers of his British accent to methodically, expertly shame a drunk Jersey guy.

"Let's see how your mental illness looks in the daylight," Brand said, re-



questing that the house lights be turned on. After asking the audience to out the heckler, Brand wasn't pleased with what he discovered:

"You look like something that's fallen off the side of a church. And what is it that you have rattling around in

your mind? Some bizarre combination of alcohol and idiocy. Some cocktail of nothing."

Excuse us — "cocktail of nothing"? That, Russell, would be a Red Bull and Vodka, the patron drink of obnoxious Americans everywhere. Show a little respect.



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3

LIFE

Your health

Zinc may help zap a pesky cold

Researchers have determined that using zinc lozenges may shorten the duration of common colds in adults — but only by about two days. An analysis of patient trials comparing oral zinc preparations to placebo found that adults appeared to benefit from sucking on zinc lozenges.

THE CANADIAN PRESS

On the Web



Americans are still getting fatter: forecast predicts jump in severe obesity over next 20 years



Medical clowns Nimrod Eisenberg, right, and Jerome Arous at Royal Victoria Hospital in Montreal. STEFANI FORSTER/THE CANADIAN PRESS

Sending in the clowns

Clowning therapy.

Professional medical clown brings cheer to couples with fertility problems, and says it can improve their success rate

Nimrod Eisenberg never wanted to enter the family business — medicine.

He went to theatre school against his parents' wishes, eventually working as an actor,

Clowning around

"The art of clowning, of improvisation and acting on the spot ... I believe it can make a huge difference in therapy and treatment, both of children and of adults."

Nimrod Eisenberg, medical clown

an acrobat and a circus clown — fields far removed from the careers of his parents — his father was a doctor and his mother a midwife.

But the fates had other plans for him. That pull of destiny, or perhaps of heredity, brought

Eisenberg closer to his parents, albeit in his own unique way.

Eisenberg is now a professional "medical clown" — a red-nosed bringer of cheer to couples with fertility problems.

"I was the one who ran away from the family destiny, who

did not want to go work in a hospital," he said. "Eventually, in a twist of fate, I'm immersed in hospitals, doctors and nurses."

Medical clowning is part of a broader Israeli project Eisenberg joined 10 years ago called Dream Doctors, which brings "clowning therapy" to hospitals.

It's based on the idea that the presence of clowns during medical treatment can help improve patients' success rate.

He and his partner-in-clown, Jerome Arous, arrived in big

floppy shoes and bright red noses at the Royal Victoria Hospital's fertility wing in Montreal on Thursday, hoping to bring some levity to patients undergoing in-vitro fertilization treatments.

The head of the fertility centre is thus far withholding judgment. There has been an Israeli study showing some benefit to the practice, but Dr. Hananel Holzer says he has yet to see a large enough study that confirms any medical impact from clowns. **THE CANADIAN PRESS**

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Terrific Japanese fare at the mall? It's possible with Oranj



The Bento Box (\$24). CHRISTOPHER THRALL



LUNCH RUSH
Christopher Thrall
life@metronews.ca

Some Bourbon Street spots open and close immediately, while others have stood the

test of time. Oranj has the makings of a pro.

The dim, funky little eating area curls around a sushi bar, with plenty of seats at the counter.

A pair of chefs move gracefully past each other through clouds of steam to prepare

each meal.

My massive Bento Box (\$24 or \$15 for the lunch bento) overflowed with delightful treats. From the moist beef and crisp, fresh vegetable tempura to the California rolls and thin, chilled slices of sushi, I kept finding new

flavours to savour in every compartment of the box.

I happily returned to my sweet, syrupy plum wine (\$5.50) between courses.

As my kids devoured the last rice from their teriyaki bowls (\$5), I watched the sushi chefs for a while.

Then I stepped out of the quiet sushi haven, following the family back into the bustling mall to finish our shopping.

Visiting the restaurant

Oranj Sushi Bar

Address. Bourbon Street, West Edmonton Mall

Phone. 780-486-0099

Rating. 4.5/5

Price range. Mid

Business lunch. Yes

Social lunch. Yes

Quick solo lunch. Yes

Firecracker almonds. Hot-and-spicy snack is full of flavour & nutrition



1. In a skillet combine oil, chili powder, curry powder and garlic powder over medium heat. Cook, stirring until hot and bubbly.

2. Stir in almonds, tossing for about 3 minutes or until almonds are evenly coated and heated through. Remove from heat and cool slightly. Stir in pepper sauce and cayenne.

3. Let cool completely before serving.

NEWS CANADA/ ALMOND BOARD OF CALIFORNIA/ ADAPTED BY EMILY RICHARDS

(PROFESSIONAL HOME ECONOMIST, COOK-BOOK AUTHOR AND TV CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)

Ingredients

- 1 tbsp (15 mL) olive or almond oil
- 2 tsp (10 mL) chili powder
- 1 tsp (5 mL) curry powder
- 1 tsp (5 mL) garlic powder
- 2 cups (500 mL) toasted whole natural almonds
- 1/2 tsp (2 mL) hot pepper sauce
- 1 tsp (5 mL) cayenne pepper

Anchovy-oil pizza 101: Keep it simple



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

If anchovies gross you out, know this — compared to what people ate before there were anchovies, they're practically like cake and ice

Ingredients

- 1 cup all-purpose flour
- 1/2 teaspoon salt
- 3 tablespoons olive oil, divided
- 1/4 cup warm water
- 2 oil-packed anchovy fillets
- 2 cloves garlic, crushed
- Pinch red pepper flakes
- 2 cups baby spinach
- 1 cup sliced white button mushrooms
- 2 cups shredded fontina or other semi-soft cheese

cream.

Until around the 16th century, there were no anchovies as we know them today: small silvery fish that are boned, salt-cured and packed in oil.

Instead, there was garum — the juice of salted and fermented fish guts. Garum lost favour about 500 years ago when people learned how to make anchovies.

Anchovies, however, are not a singular fish. Most cuisines around the world have their own "anchovy," most of which tend to be variants of one variety of fish, a relative of the herring.

But given the potential 'ick' factor, why eat them? Simple — they are flavour

bombs that lend serious pizzazz to whatever they are added to. And the good news is that the flavour they impart isn't even a bit fishy.

Here's why. After months of salt curing, the dominant flavours in anchovies are from enzymes and good bacteria, not the flesh itself (of which there is little). The result is an intense blend of fatty, salty, savory, meaty, even a bit cheesy.

Even better, when you cook anchovies they dissolve, leaving behind a massive savoury flavour but no evidence that any fish were harmed in the making.

Anchovies are widely used in the cuisines of Spain, Portugal, Italy and France. In

Turkey they are so prized they have inspired volumes of poetry, even folk dances. That is some serious anchovy love.

This recipe keeps the pizza simple in order to let the anchovy oil really shine. But if you prefer a heavy-duty pizza, by all means pile on the toppings.

Don't want to make your own flatbread? Use the same anchovy oil and toppings on a ball of pizza dough.

1. Heat oven to 500 F. Spray 2 baking sheets with olive oil cooking spray.

2. In food processor, combine flour and salt, then pulse to combine. With processor running, add 1 tbsp of olive oil, then slowly drizzle in the water until the dough forms a tacky (but not wet) ball. If the dough is too dry, add water 1 teaspoon at a time and pulse until it holds together easily when squeezed.

3. Transfer dough to lightly floured counter. Divide dough into 4 equal pieces. Using a floured rolling pin, roll each piece to the size of a large dinner plate. Place 2 flatbreads on each baking sheet and set aside.

4. In a small bowl, combine the remaining 2 tablespoons

of olive oil, the anchovies, garlic and red pepper flakes. Mash with a fork until chunky smooth.

5. Use a pastry brush to coat each flatbread with the anchovy-oil paste, then top each with a quarter each of

the spinach and mushrooms.

6. Finish each pizza with 1/2 cup of cheese. Bake for 10 minutes, or until lightly browned at the edges and the cheese is melted.

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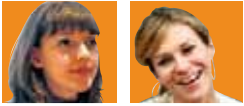
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All's unfair in love and war



TWO SISTERS
Andrea and Claire
Life@metronews.ca

Dear sisters, I have fallen for a great girl — the problem

is she used to date my best friend, and although it's been years, I know she meant a lot to him. And it doesn't help that I was the guy he confided in while they were breaking up. She asked me out many times, and I avoided her out of respect for him, but I finally gave in and we really like each other. I asked him if he

would mind if we went for drinks and he told me that if I did, it would be impossible for us to remain friends. Seriously? BFF.

Claire: Dear BFF, The saying 'All's fair in love and war' is ... total BS. It's all unfair — on both sides. He has good reason to be upset,

and you have good reason to expect him to be less uptight after so many years.

I won't tell you it's a choice between your friend and the girl, because I think you might be able to have both ... eventually. But give your friend time, reach out to him regularly, and don't be shocked if you hear he made a voodoo doll in your image.

Strangely enough, your friendship has a better chance of surviving this if you and this girl become a long-term couple — that would show that you didn't take this risk for some fling. So good luck, on both fronts.

Andrea: Dear BFF, You've probably heard of the "guy code" and thought that in this case, it no longer applied. But if this is your friend's reaction, it still does.

The choice you have to make is whether this girl is worth losing your friendship

over or not. In my humble (and correct) opinion, it usually isn't. It doesn't mean you can never date her, but putting your relationship with your buddy first will allow him to see that your intentions are genuine, and that family ('brother from another mother' included) comes first.

He'll be more open to starting a conversation about boundaries versus jumping immediately to the defensive. Jumping into bed with her despite his wishes will only result in seriously complicated BBQs.

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Jersey Shore BFFs Vinny, left, and Pauly D, definitely respect the 'guy code.' GETTY IMAGES

To gift or not to gift, that is the question



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Hi Charles,
I volunteered to help organize my friend's wedding. I'm pretty close with the bride and she expects me not to get them a gift. She is expecting to pay for my banquet meal and unexpected meals (i.e. paid meals for meetings). What should I do when they don't expect a gift from me? It seems a bit rude to not get them a gift.
Signed,
To Gift or Not?

Dear To Gift or Not,
Your friend seems very lucky to have you! It sounds like the bride is trying to make sure you don't feel taken advantage of, based on all of the hard work you are doing to help her have the wedding of her dreams (more brides need to pay attention to this fact!).

So firstly, since you are both her friend and attending the wedding, I think it is very appropriate for you to purchase

something small for her to mark this important occasion.

Now the question is what to get, and how much to spend? If you were only attending the wedding as a guest, how much would you have spent? This could be a good starting point for you.

Have you thought of perhaps just an amazing picture of the two of you planning the wedding in a beautiful frame, a card with a prepaid dinner coupon for the bride and her new husband to enjoy or being part of a group present rather than getting something all by yourself? But also doing something that is meaningful and personal such as acting as the wedding planner can be just as important as a gift, so don't feel obligated.

Remember some golden rules:

- 1) Don't ever spend more than you can afford.
- 2) Don't be extravagant — it may only make the recipient uncomfortable.
- 3) Doing all of the planning and organizing is a big job and can be a gift in itself.

I hope this helps, and have fun planning!

metro

HOME RENOS

Tuesday, May 8, 2012



Projects like painting, remodelling your kitchen, adding a second bathroom or finishing the basement and attic are renovations you can do yourself. RON CHAPPEL STUDIOS/THINKSTOCK

Your renovation financing options

Planning. You should have a good idea of budget, labour and material costs

YLVA
VAN BUUREN
For Metro

Have you bought an old property and need to fix it up? Had kids ... and need another room? Or just want to add a second bathroom?

Geoff Dillon, senior director of retail and business

banking for CIBC, says in planning a home renovation, you should have a good idea of budget, labour and material costs, and if you need to finance the renovations, the specific time period to repay it.

Here are financing options.

- Cash on hand. If you are looking at a renovation that will cost \$10,000 or less, you may have cash put away for that. But don't deplete all of the money you have saved — just in case, says Dillon.
- Credit card. You could put materials, etc., for smaller

Marketable home renos

These projects may add value to your home:

- Remodel the kitchen
- Add a second bathroom

- Finish the basement or the attic
- Replace old windows or doors
- Create a home office space

renovations on credit but be careful not to carry the balance for too long. Interest rates can be very high.

- Line of credit. A line of credit provides the most flexibility in that you only borrow what you need, when

you need it. "These projects can take months," says Dave Stafford, managing director, real estate secured lending, Scotiabank, "and you draw only the funds you need — and pay interest on the actual costs you incur."

There are two kinds:

- Secured line of credit (secured against real estate). If you have equity in your home, this is probably the best financing option, says Stafford. And the interest rate is lower than most personal loans and credit cards.
- Unsecured line of credit. Approval is based on your overall credit history, income, the amount of money you are looking to borrow and the amount of money you have already borrowed. The interest rates would be higher on this line of credit because it is unsecured.

- Mortgage refinancing. Refinancing your existing mortgage lets you spread repayment over a long period at mortgage interest rates. Because it's fixed, you have to know upfront what you want to borrow. Also, there are rules around how much you can refinance. For example, Canada Mortgage and Housing Corporation caps refinancing at 85 per cent of the home's value, says Stafford.
- Personal loan. One benefit of a personal loan, says Dillon, is the clear payback time frame. A five-year loan would be paid back in five years.



Renovations to your bathroom can be eco-friendly. COMSTOCK/THINKSTOCK

Eco-friendly. Feel better about your home

An eco-friendly renovation is a well-planned project that is in response to your needs — and no more, says François Fortin, technical and sustainable construction services, RONA. Environmentally friendly materials are used whenever possible, says Fortin. And the renovation improves energy efficiency and reduces demand for water overall.

"While it is about saving money," says Chris Higgins, homes expert with the Canada Green Building Council in Vancouver, "it's also something you can feel better about."

Here are 12 eco-friendly choices:

1 Source building products locally to cut down on transportation miles.

2 Look for recycled materials. For example, Win-

nipeg's Apex makes flooring and countertops out of crushed porcelain from toilets.

3 For healthy flooring, always choose a hard material such as hardwood, linoleum and vinyl tile instead of installed carpeting. "Statistics show that at the end of its life, 30 to 40 per cent of the weight of carpet can be dirt," says Higgins.

4 Look for FSC (Forestry Stewardship Certification) certification on wood products. FSC means trees were harvested in a responsible manner.

5 Use low VOC (volatile organic compound) paint and floor finishes.

6 Choose Energy Star rated products such as appliances and windows. The designation identifies

energy efficient products. (An old fridge can use 15 per cent of electricity consumed in a house that's heated by gas.)

7 If you are removing dry-wall, etc., improve insulation. "Insulating your attic is like wearing a toque in the winter time," says Shaun Loney, executive director of BUILD, a non-profit contractor in Winnipeg specializing in energy and water efficient retrofits. Insulating the basement is like wearing pants. Payback will be about three years.

8 Upgrade the gas furnace. Up to about 50 per cent of available energy is wasted in an old furnace, says Loney. "A high-efficiency natural gas furnace is about 95 per cent efficient."

9 Use a 1.5 gallon/six litre per minute aerated shower head — it's inexpensive (about \$20), cuts water consumption in half, and saves energy because it's hot water, says Loney.

10 Install a six-litre high-efficiency flush toilet. (Visit map-testing.com for flushing performance scores.)

11 Switch to compact fluorescent light bulbs and LED lights, which cost pennies a day to operate and don't throw off heat like the old-style light bulbs.

12 Buy a front load clothes washer — it puts water through clothes rather than clothes through water in the top loader. Plus, clothes come out dryer so you use less of everything.

YLVA VAN BUUREN

Dig these landscaping tips for first-timers

KELLY
PUTTER
For Metro

As a first-time homeowner you are deluged with so many plans for your new address that settling on a flower bed here versus a pair of shrubs there can be overwhelming.

Spend your landscape dollars wisely and do plenty of research before heading out to the garden centre, advises

Denis Flanagan, public relations director for the Landscape Ontario Horticultural Trades Association. By following these two rules you are less likely to blow your budget or end up with tropical plants that don't have a hope of surviving the arctic climate in which you live.

"Do your homework and try to get a bit of a road map to guide you is the secret," he says. "We're a bit like kids in a

candy store, especially at this time of year. Doing your research ahead of time will help you avoid buying on impulse."

If you have earmarked some money for your outdoors, Flanagan highly recommends investing in a landscape designer or consultant.

A good designer will assess your needs and lay out a gardening plan that can be done gradually over a number of

years, depending on your budget.

But if hiring an expert is out of reach, there are plenty of alternatives. Once you get to know your new neighbours and their gardens, ask if they are interested in trading seeds and cuttings from plants that need to be divided. Do the same with friends, relatives and co-workers.

Flanagan recommends joining your local horticultural so-

ciety. Often, these groups offer free or low-cost seminars and talks on a wide range of landscape and gardening concerns. In addition, this is where you will learn about community plant swaps and sales that don't break the bank.

Some municipalities offer soil, mulch, compost and even trees for free. For stones, bricks and other gardening materials, check out demolition sites, but get permission first.

Flanagan warns that you need to be careful about what you plant in your yard. Just because something is free doesn't mean you will want it, no matter how beautiful. Certain plants are invasive and will choke out others so be mindful. Again, do your research.

When in doubt, ask an expert at landscapeontario.com, where questions are fielded by master gardeners.



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If you choose a do-it-yourself project, expect it to take longer, but to cost less than hiring a professional. JUPITERIMAGES/GOODSHOOT/THINKSTOCK

DIY. It's all about cost, comfort and knowledge

JON
TATTRIE
For Metro

After pouring your life savings into buying your first home, you may balk at spending more money for that final renovation. But how do you know when to do it yourself and when to call in a contractor?

Mag Ruffman, the DIY guru behind shows like *A Repair to Remember* and *Lowes Family Fun Projects* at *Lowes.ca*, says the first questions is — will you DIY and die?

"The question I always ask is, 'Has anyone died doing this?'" she says, only half joking.

If the answer is yes — and that often involves electrical or plumbing — you will want to call in a pro. "It's not something you can make assumptions about and assume you'll be lucky," she says. "Luck tends to work against you."

Beyond that, it comes down to comfort, cost and knowledge. Ruffman says you can get comfortable with basic power tools to handle jobs like drywalling if you have an expert show you the ropes.

Ruffman observes that with home renovations, you can have any two of good,

cheap or fast — but not all three. If you DIY, expect it to take a long time, but to cost less. A pro will cost more, but will likely be faster. For big jobs, consider compromising to bring down the cost. Gut the bathroom before hiring a pro to install the new one, or have a pro build the frame of your deck and do the decking yourself.

Ruffman says that while the knowledge of redoing flooring is fairly easy to obtain, carpeting requires tools and skills. Bathrooms and kitchens play an outsized role in the resale value of your home, so think carefully before doing it yourself.

Jim Rivait, CEO of the Canadian Homebuilders Association in Alberta, says a good contractor will also know the building code and what permits are required.

He adds that electrical problems can lead to fires, and plumbing miscues can cause floods.

Rivait says if you hire a pro, look for the *RenoMark*. "They can be assured the renovator follows a certain code of ethics," he says. "They have to provide some form of warranty."

RenoMark currently operates in six provinces and plans to go nationwide soon.

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Pay down your mortgage.



Keep that credit intact while co-signing a loan for your children

The parent trap. 'Dad, can you just sign here?' Know the consequences before you become responsible for your children's debts



YOUR MONEY
Alison Griffiths
money@metronews.ca

Spring is a time of optimism as students graduate and venture out into the world of work.

It's also the season when young'uns may need cars, clothes, travel funds and furniture as they spread their adult wings. And to acquire all that stuff, they often need a co-signer because they can't yet qualify for loans on their own.

Here are seven things to keep in mind if you are asked to guarantee a loan.

Alison's money rule

"Co-signing a loan is exactly the same as lending cash out of your pocket."

1. Lenders consider co-signers joint borrowers who are equally responsible for the amount owing.

2. The loan will likely appear on your credit report and may adversely affect your credit score, especially if payments aren't made on time. Debt collectors could pursue you if the loan is in arrears.

3. Since co-signers are legally responsible for the loan, monitor it closely. Happily, if you co-sign with a federally regulated financial institution, you are entitled to receive the same information as the person who takes out the loan.

4. Before you become a co-signer consider the worst-case scenario. Can you afford the loss? Even if there is an asset involved, like a car, it may be worth less than the amount owing.

5. Aside from the money what would it do to your relationship with the primary borrower if there were problems with the loan? Co-signing is the same as lending money and should be treated as such.

6. If you are co-signing for a family member other than

Joint borrowing

- **Do your homework.** Visit the Financial Consumer Agency of Canada at fcac-acfc.gc.ca. Click on 'Resources' and go to publications. There you'll find a useful tip sheet called "Know your responsibilities as a joint borrower."

your child or for a child who has been away from home for some time, ask for a credit report. This can create tension, but if they have trouble paying off debts, how is that going to be different with you as a co-signer?

7. When the loan has been repaid, get a statement from the lender that the debt has been discharged and check your credit report to ensure it is noted.

Most experts will advise against co-signing, but we as parents always want to help our kids. Still, make sure you are aware of the consequences when you are responsible for someone else's debt.

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR AT GRIFFITHS.ALISON@GMAIL.COM



Most experts advise against co-signing for loans, but parents often want to help out their children. ISTOCK IMAGES

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Your mortgage



Are you financially ready to be a home owner? ISTOCK IMAGES

Try to avoid hefty break fees



FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca
@Lesliescorgie on Twitter

Since selling my house and discovering my mortgage prepayment penalty would be a whopping \$5,000, I've been hunting for ways to reduce the break fee.

The best idea is to avoid the fees in the first place by knowing the ins-and-outs of the mortgage before you sign the papers.

When you sign a mortgage, you are committing to a multi-year legal contract to re-pay money (with interest) in exchange for receiving an immediate benefit — the money with which to buy a house.

From a legal standpoint, the person who is wanting out of a mortgage is breaking a contract and has to pay up.

Know your pre-payment penalty and ensure you have the flexibility to make lump sum or double up payments on the mortgage.

If you're like me and have already sold your property, prepay the mortgage up to the allowable limit.

Typically a borrower can pay a lump sum on the mortgage each year between 10 and 20 per cent of the original value of the mortgage. You can do this through online banking or ask your lawyer to have the bank apply the allowable lump sum to the principle balance when the old mortgage is being paid out.

The penalty is then applied only to the remaining balance of the mortgage, which could reduce the fee by thousands of dollars.

Using RBC's mortgage pre-payment calculator, I know that by paying an extra 10 per cent in principle on my mortgage balance, I can save \$600 in break fees.

Coming up with the funds to pre-pay a mortgage can be a challenge. Some turn to their home-equity line of credit, which doesn't have a prepayment fee.

Others take out a traditional loan or borrow from a friend. If you're going to pre-pay, ensure the benefits of the pre-payment (i.e. the savings on the penalty)

Breaking it down

"When you sign a mortgage, you are committing to a multi-year legal contract to re-pay money (with interest) in exchange for receiving an immediate benefit — the money with which to buy a house. From a legal standpoint, the person who is wanting out of a mortgage is breaking a contract and has to pay up. Know your pre-payment penalty and ensure you have the flexibility to make lump sum or double up payments on the mortgage."

are greater than the costs of borrowing funds.

Alternatively, negotiate with your existing lender to reduce or eliminate the fee in exchange for keeping your mortgage business with them.

Overall, if the fee is too great, don't break your mortgage!

Build up your savings.



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FOR WHAT MATTERS.

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4

SPORTS

MLB

"I was trying to hit him. I'm not going to deny it."

Philadelphia left-hander Cole Hamels on Sunday night, after he nailed Washington rookie Bryce Harper with a fastball in the small of the back in his first time up during the Phillies' 9-3 win. Major League Baseball suspended Hamels for five games on Monday for intentionally throwing at the 19-year-old Nationals phenom.

On the web



New York Knick Amare Stoudemire's choice to punch a fire extinguisher after a playoff loss to the Miami Heat last week was ill-advised, to say the least. But he's hardly the first athlete to take out frustration on an inanimate object and sports psychologist Jack Watson says such outbursts can be linked to how athletes are hard-wired. Scan the code for the story.

NHL

GM Gillis keeps job with Canucks

Mike Gillis will continue to call the shots for the Vancouver Canucks.

The club agreed to a contract extension on Monday with Gillis, who has served as the team's president and general manager for four seasons. **THE CANADIAN PRESS**

NHL

NHL finds owner for Phoenix Coyotes

The Phoenix Coyotes' ownership woes have apparently come to an end.

NHL commissioner Gary Bettman announced the league struck a tentative deal with a new ownership group led by Greg Jamison. **THE ASSOCIATED PRESS**



NHL commissioner Gary Bettman

GETTY IMAGES

MLB

Giants' Mota gets 100-game ban

San Francisco Giants reliever Guillermo Mota was suspended for 100 games on Monday for a positive drug test. The commissioner's office said the right-hander tested positive for Clenbuterol.

THE ASSOCIATED PRESS

NBA

"I feel surprisingly great."

Ray Allen, Boston's 36-year-old shooting guard. Allen, along with Celtics teammates Paul Pierce, 34, and Kevin Garnett, 36, all appear to have some life in their old bones. The Big Three (plus Rajon Rondo) have led the Celtics to a 3-1 lead over the Hawks. Game 5 is Tuesday night in Atlanta.



Rangers wait till waning moments to crush Capitals

NHL. New York ties it in final seconds before winning Game 5 in OT

| Game 5 | |
|---------|----------|
| 3 | 2 |
| Rangers | Capitals |

Marc Staal scored a power-play goal 1:35 into overtime after Brad Richards tied it in the dying seconds of regulation to lift the New York Rangers to a stunning 3-2 victory over the Washington Capitals in Game 5 of the Eastern Conference semifinals Monday night.

With Henrik Lundqvist pulled for an extra attacker, Washington's Joel Ward took a four-minute penalty for high-sticking Carl Hagelin with 21.3 seconds left in the third period. Richards tied it on the first half of the power play with just 7.6 seconds to go, and Staal won it with a drive that appeared to deflect off a Washington player before beating Braden Holtby.

The Rangers can advance to the Eastern Conference finals on Wednesday in Washington.

With the crowd still buzzing over the shocking tying goal, a din that held up through the long intermission, John Mitchell won a faceoff in the Capitals' end to start the winning play. Staal corralled the puck at the right point, glided to the centre of the zone, and fired the drive that set off a wild celebration at

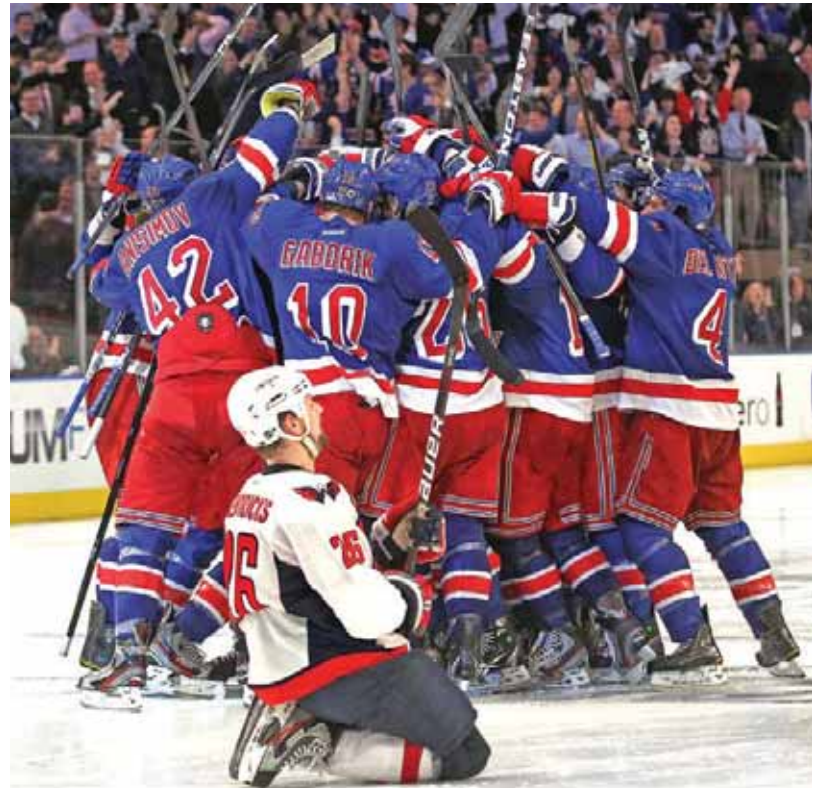
Madison Square Garden.

The Rangers mobbed each other at centre ice as the crushed Capitals trudged toward the tunnel to their dressing room and then raised their sticks to the crowd as red, white and blue streamers cascaded down from the rooftop.

The celebration, which culminated in fireworks as the three stars were announced to the crowd, seemed almost inevitable after Richards tied it.

After no success with traditional 5-on-4 power plays, the Rangers made the most of their 6-on-4 edge as Lundqvist watched from the bench.

Michael Del Zotto took a shot that hit traffic in front to the right of Holtby. Ryan Callahan took two or three hard whacks at the loose puck, but couldn't get it forward. Richards jammed his stick into the maze of legs and poked the puck past Holtby just before he was able to cover it with his glove. **THE ASSOCIATED PRESS**



Washington's Matt Hendricks falls to his knees as the Rangers celebrate after Marc Staal's overtime-winning goal.

BRUCE BENNETT/GETTY IMAGES

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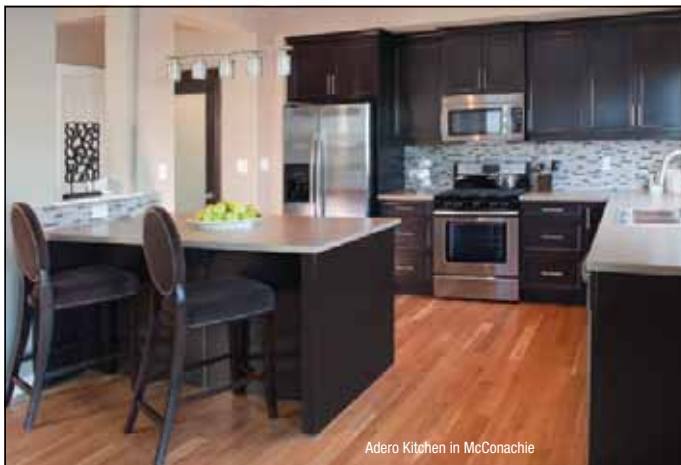
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sabalhomes.com



Adero Kitchen in McGonachie

Giroux forced to watch as Flyers try to stay alive

NHL. Philadelphia star given one-game suspension for head hit on Zubrus

Claude Giroux has to watch Philadelphia's attempt at saving its post-season from the sidelines.

He can only hope he hasn't played his last game of the season with the Flyers.

Giroux was suspended by the NHL on Monday for his illegal check to the head on New Jersey centre Dainius Zubrus in Game 4 of the Eastern Conference semifinals. The punishment leaves the Flyers without their all-star forward and leading scorer as they try to rally from a 3-1 deficit.

Giroux will miss Tuesday's Game 5 at the Wells Fargo Center in Philadelphia.

Philadelphia's de facto captain in injured defenceman Chris Pronger's absence, Giroux defended his position with league disciplinarian Brendan Shanahan for about 15 to 20 minutes on Monday.

It didn't matter. Shanahan slapped Giroux with the first disciplinary action against him in an otherwise clean four-year career. Zubrus was not injured and returned to play. That didn't matter, either.

Shanahan said in a video statement that Giroux deserved the one-game ban



Flyers centre Claude Giroux speaks to referee Kevin Pollock in the closing minutes of Sunday's loss in New Jersey. BRUCE BENNETT/GETTY IMAGES FILE

Quoted

"We need to relax a little bit. Everybody's just panicking a little bit."

Claude Giroux on the Flyers' poor play of late.

because he targeted Zubrus' head.

"When you look at this shift in its entirety, including the violent chop of the stick coupled with the lateness of the hit, we feel this reckless picking of the head rises to the level of supplemental discipline," Shanahan said.

Giroux was agitated when

Giroux's response

- Giroux said in a statement after the announcement he respects the decision and wants to move on.
- Hours earlier at the Flyers practice facility, Giroux said he never intended to nail Zubrus in the head and he

is not a dirty player.

- "My elbow was down. I didn't jump. I'm a pretty honest player," Giroux said. "I'm not a dirty player. I'm not out there to hurt anybody. I was just trying to finish a hit."

Devils goalie Martin Brodeur played the puck outside the trapezoid. Giroux barked at the officials before he skated straight at Zubrus and took

out his frustration with the hit.

Zubrus said he was fine and ready to go for Game 5.

THE ASSOCIATED PRESS

NBA

Spurs cruise past Jazz with 4-game sweep in Round 1

Manu Ginobili broke out of his shooting slump with 17 points to lead the San Antonio Spurs to an 87-81 victory over the Utah Jazz on Monday night and a sweep of their first-round Western Conference series.

Ginobili was 0-for-8 from beyond the arc in the first three games. But after Utah pulled within 61-58 with 3:18 left in the third, he hit consecutive three-pointers then added another as the Spurs regained control, taking a 76-58 lead early in the fourth. The Jazz went scoreless for more than eight minutes during a 15-0 Spurs run. Utah made a charge late and was within 83-79 on Al Jefferson's putback with 49 seconds left.

But Ginobili's fastbreak layup after a steal by Tony Parker sealed it.

THE ASSOCIATED PRESS

Canada bounces back against France at worlds

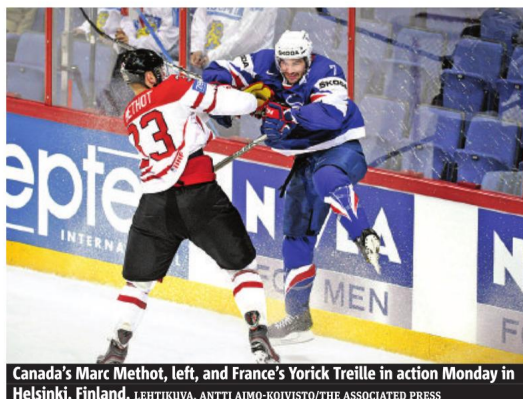
Patrick Sharp knew exactly what he was getting when Ryan Nugent-Hopkins was placed on a line with him and Jamie Benn at the IIHF World Hockey Championship.

"He had a lot of success against the Blackhawks this year, I'm familiar with the type of player he is," Sharp said of Nugent-Hopkins. "He's a great skater, he handles the puck well and he can finish when he gets an opportunity as well."

It showed on Monday as the newly formed unit piled up the points during a 7-2 victory by Canada over France.

Nugent-Hopkins opened the scoring less than two minutes into the game and went on to add another goal and an assist while Sharp finished with a goal and four assists and Benn had two goals and an assist.

"It was a fun game," said



Canada's Marc Methot, left, and France's Yorick Treille in action Monday in Helsinki, Finland. LEHTIKUVA, ANTTI AIMO-KOIVISTO/THE ASSOCIATED PRESS

Nugent-Hopkins.

Canada got exactly what it wanted from a game against one of the weaker teams at the event. Coach Brent Sutter thought Canada's overall defensive play was much better than Saturday's 5-4 over-

time loss to the United States and his line juggling yielded some immediate results.

All and all, it was a step forward.

"There's still room for improvement," said Sutter.

THE CANADIAN PRESS

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|------------------|----|----|------|----|
| | W | L | Pct | GB |
| Baltimore | 19 | 10 | .655 | — |
| Tampa Bay | 19 | 10 | .655 | — |
| Toronto | 16 | 13 | .552 | 3 |
| New York | 15 | 13 | .536 | 3½ |
| Boston | 12 | 16 | .429 | 6½ |
| CENTRAL DIVISION | | | | |
| | W | L | Pct | GB |
| Cleveland | 17 | 11 | .607 | — |
| Detroit | 14 | 13 | .519 | 2½ |
| Chicago | 13 | 17 | .433 | 5 |
| Kansas City | 9 | 19 | .321 | 8 |
| Minnesota | 7 | 21 | .250 | 10 |
| WEST DIVISION | | | | |
| | W | L | Pct | GB |
| Texas | 19 | 10 | .655 | — |
| Oakland | 15 | 14 | .517 | 4 |
| Los Angeles | 13 | 17 | .433 | 6½ |
| Seattle | 13 | 17 | .433 | 6½ |

Yesterday's results

Cleveland 8, Chicago White Sox 6, 1st game
Cleveland 3, Chicago White Sox 2, 2nd game
Texas 14, Baltimore 3
Boston 11, Kansas City 5
L.A. Angels 8, Minnesota 3
Detroit at Seattle
Sunday's results
Detroit 3, Chicago White Sox 1
Cleveland 4, Texas 2
Baltimore 9, Boston 6, 17 innings
Oakland 9, Tampa Bay 5
N.Y. Yankees 10, Kansas City 4
L.A. Angels 4, Toronto 3
Seattle 5, Minnesota 2
Tonight's games — All Times Eastern
Chicago White Sox (Danks 2-4) at Cleveland (Masterson 1-2), 7:05 p.m.
Tampa Bay (Shields 5-0) at N.Y. Yankees (Nova 3-1), 7:05 p.m.
Texas (Feliz 1-1) at Baltimore (Arrieta 2-2), 7:05 p.m.
Boston (Bard 2-3) at Kansas City (Duffy 2-2), 8:10 p.m.
L.A. Angels (Haren 1-2) at Minnesota (Diamond 0-0), 8:10 p.m.
Toronto (R.Romero 4-0) at Oakland (McCarthy 2-3), 10:05 p.m.
Detroit (Verlander 2-1) at Seattle (Millwood 0-3), 10:10 p.m.

SUNDAY

ANGELS 4, BLUE JAYS 3

| | | | | | | | | | |
|--------------|----|---|---|----|-------------|----|---|----|----|
| Toronto | ab | r | h | bi | L.A. Angels | ab | r | h | bi |
| K/hjnsn 2b | 4 | 0 | 2 | 1 | Trout cf | 4 | 1 | 1 | 0 |
| Thams lf | 4 | 0 | 1 | 1 | Mlzturs 2b | 4 | 1 | 2 | 0 |
| Bautist rf | 4 | 1 | 1 | 0 | Pujols 1b | 4 | 1 | 1 | 2 |
| Lind dh | 3 | 0 | 0 | 0 | KMoris dh | 4 | 1 | 1 | 0 |
| RDavis pr-dh | 0 | 0 | 0 | 0 | Trumfr | 3 | 0 | 2 | 1 |
| Encnc lb | 3 | 0 | 0 | 1 | TrHntr rf | 1 | 0 | 0 | 0 |
| Lawrie 3b | 3 | 0 | 0 | 1 | VJWells lf | 4 | 0 | 1 | 0 |
| Rasms cf | 4 | 0 | 1 | 0 | Callasp 3b | 4 | 0 | 2 | 1 |
| Arencic f | 4 | 2 | 3 | 0 | Aybar ss | 3 | 0 | 0 | 0 |
| Mathis pr | 0 | 0 | 0 | 0 | Iannett c | 3 | 0 | 0 | 0 |
| Viquez ss | 4 | 1 | 0 | 0 | | | | | |
| Totals | 33 | 3 | 9 | 3 | Totals | 34 | 4 | 10 | 4 |

| | | | | |
|-------------|-----|-----|-----|---|
| Toronto | 001 | 001 | 100 | — |
| L.A. Angels | 000 | 220 | 00x | — |

E—Pujols (1). DP—Los Angeles 3. LOB—Toronto 6, Los Angeles 6. 2B—Bautista (3), Trout (3), V.Wells (6). HR—Pujols (1). SB—Mlzturs (6). SF—Encarnacion.

| | | | | | | | |
|-----------------|-----|-----|---|----|----|----|---|
| Toronto | IP | H | R | ER | BB | SO | |
| Hutchison L,1-1 | 5 | 1-3 | 8 | 4 | 4 | 0 | 6 |
| Oliver | 1-3 | 1 | 0 | 0 | 0 | 0 | 0 |
| Fraser | 1-3 | 0 | 0 | 0 | 0 | 0 | 0 |
| Janssen | 1 | 1 | 0 | 0 | 0 | 0 | 1 |
| Villanueva | 1 | 0 | 0 | 0 | 0 | 0 | 2 |
| L.A. Angels | | | | | | | |
| Williams W,3-1 | 6 | 2-3 | 8 | 3 | 2 | 1 | 4 |
| D.Carpenter H,1 | 1-3 | 0 | 0 | 0 | 0 | 0 | 0 |
| Frieri H,1 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| S.Downs H,5 | 1-3 | 1 | 0 | 0 | 0 | 0 | 0 |
| Hawkins S,1-1 | 2-3 | 0 | 0 | 0 | 0 | 0 | 0 |

T—251. A—37,548 (45,957) at Anaheim, Calif.

NATIONAL LEAGUE

| EAST DIVISION | | | | |
|------------------|----|----|------|----|
| | W | L | Pct | GB |
| Washington | 18 | 10 | .643 | — |
| Atlanta | 18 | 12 | .600 | 1 |
| New York | 16 | 13 | .552 | 2½ |
| Miami | 15 | 14 | .517 | 3½ |
| Philadelphia | 14 | 16 | .467 | 5 |
| CENTRAL DIVISION | | | | |
| | W | L | Pct | GB |
| St. Louis | 17 | 11 | .607 | — |
| Cincinnati | 15 | 13 | .536 | 2 |
| Houston | 13 | 16 | .448 | 4½ |
| Pittsburgh | 12 | 16 | .429 | 5 |
| Chicago | 12 | 17 | .414 | 5½ |
| Milwaukee | 12 | 17 | .414 | 5½ |
| WEST DIVISION | | | | |
| | W | L | Pct | GB |
| Los Angeles | 18 | 10 | .643 | — |
| San Francisco | 14 | 14 | .500 | 4 |
| Arizona | 14 | 15 | .483 | 4½ |
| Colorado | 12 | 15 | .444 | 5½ |
| San Diego | 9 | 20 | .310 | 9½ |

Last night's results

N.Y. Mets 5, Philadelphia 2
Chicago Cubs 5, Atlanta 1
Miami 4, Houston 0
Cincinnati 5, Milwaukee 1
St. Louis at Arizona
Colorado at San Diego
San Francisco at L.A. Dodgers
Sunday's results
N.Y. Mets 3, Arizona 1
Cincinnati 5, Pittsburgh 0
St. Louis 8, Houston 1
Chicago Cubs 4, L.A. Dodgers 3, 11 innings
Atlanta 7, Colorado 2
Miami 6, San Diego 3
San Francisco 4, Milwaukee 3, 11 innings
Philadelphia 9, Washington 3
Tonight's games
N.Y. Mets (Batista 0-1) at Philadelphia (Blanton 3-3), 7:05 p.m.
Washington (E.Jackson 1-1) at Pittsburgh (A.J.Burnett 1-2), 7:05 p.m.
Atlanta (Delgado 2-3) at Chicago Cubs (Dempster 0-1), 8:05 p.m.
Miami (A.Sanchez 2-0) at Houston (A.Rodriguez 0-0), 8:05 p.m.
Cincinnati (Bailey 1-2) at Milwaukee (Gallardo 1-3), 8:10 p.m.
St. Louis (Westbrook 3-2) at Arizona (I.Kennedy 3-1), 9:40 p.m.
Colorado (Undecided) at San Diego (Suppan 1-0), 10:05 p.m.
San Francisco (Vogelsong 0-2) at L.A. Dodgers (Kershaw 2-0), 10:10 p.m.

HOCKEY

IIHF MEN'S WORLD CHAMPIONSHIP
PRELIMINARY ROUND

Yesterday's results

At Helsinki

Canada 7 France 2

Slovakia 4 U.S. 2

At Stockholm

Czech Republic 4 Norway 3 (SO)

Sweden 6 Denmark 4

Sunday's results

At Helsinki — Finland 1 Slovakia 0

France 6 Kazakhstan 3

Switzerland 3 Belarus 2

At Stockholm — Italy 4 Denmark 3 (OT)

Latvia 3 Germany 2

Russia 4 Norway 2

NHL PLAYOFFS

STANLEY CUP

CONFERENCE SEMIFINALS

(Best-of-7)

All Times Eastern

EASTERN CONFERENCE

N.Y. RANGERS (1) VS. WASHINGTON (7)

(New York leads series 3-2)

Last night's result

N.Y. Rangers 3 Washington 2 (OT)

Saturday's result

Washington 3 N.Y. Rangers 2

Tomorrow's game

N.Y. Rangers at Washington, TBA

Saturday, May 12

x-Washington at N.Y. Rangers, TBA

PHILADELPHIA (5) VS. NEW JERSEY (6)

(New Jersey leads series 3-1)

Sunday's result

New Jersey 4 Philadelphia 2

Tonight's game

New Jersey at Philadelphia, 7:30 p.m.

Thursday's game

x-Philadelphia at New Jersey, TBA

Saturday, May 12

x-New Jersey at Philadelphia, TBA

WESTERN CONFERENCE

ST. LOUIS (2) VS. LOS ANGELES (8)

(Los Angeles wins series 4-0)

Sunday's result

Los Angeles 3 St. Louis 1

PHOENIX (3) VS. NASHVILLE (4)

(Phoenix leads series 3-1)

Last night's result

Nashville at Phoenix

Friday's result

Phoenix 1 Nashville 0

Tomorrow's game

x-Phoenix at Nashville, TBA

Friday's game

x-Nashville at Phoenix, TBA

x — played only if necessary.

RANGERS 3, CAPITALS 2 (OT)

First Period

1. N.Y. Rangers, Stralman 3 (Staal, Stepan) 10:44

Penalties — Hamrlik Wash (high-sticking) 14:31, Del Zotto NYR (tripping) 18:13.

Second Period

2. Washington, Laich 2 (Ovechkin, Brouwer) 8:15

Penalties — Green Wash (slashing) 0:38, Del Zotto NYR (interference) 4:14, Carlson Wash (delay of game) 12:35.

Third Period

3. Washington, Carlson 2 (Wideman, Brouwer) 4:20 (pp)

4. N.Y. Rangers, Richards 5 (Callahan, Del Zotto) 19:53 (pp)

Penalties — Rupp NYR (hooking) 2:39, Kreider NYR (high-sticking) 8:31, Ward Wash (double high-sticking) 19:38.

First Overtime

5. N.Y. Rangers, Staal 2 (Mitchell) 1:35 (pp)

Penalties — None.

Shots on goal by

Washington 4 6 8 0—18

N.Y. Rangers 17 9 10 2—38

Goal — Washington: Holtby (L,6-6-0); N.Y. Rangers: Lundqvist (W,7-5-0).

Power plays (goals-chances) — Washington: 1-4; N.Y. Rangers: 2-4.

Referees — Chris Lee, Kelly Sutherland.

Linesmen — Derek Amell.

Att. — 18,200 (18,200) at New York.

LATE SUNDAY

DEVILS 4, FLYERS 2

First Period

1. Philadelphia, Hartnell 3 (Giroux, Timonen) 11:50 (pp)

2. Philadelphia, Giroux 8 (Talbot) 13:40 (sh)

3. New Jersey, Sykora 2 (Zidlicky, Zajac) 15:14 (pp)

4. New Jersey, Zidlicky 1 (Salvador, Kovalchuk) 18:09

Penalties — Zajac NJ (interference) 8:55; Zidlicky NJ (interference) 11:43, Lijla Pha (tripping) 13:27, Hartnell Pha (interference) 18:32.

Second Period

5. New Jersey, Zubrus 2 (Henrique, Sykora) 17:47

Penalties — Couturier Pha (delay of game) 5:12; Giroux Pha (illegal check to head minor) 19:56.

Third Period

6. New Jersey, Zubrus 3 (Fayne, Brodeur) 19:15 (en)

Penalty — Timonen Pha (holding) 16:24.

Shots on goal by

Philadelphia 7 5 10 — 22

New Jersey 16 16 11 — 43

Goal — Philadelphia: Bryzgalov (L,5-5-0); New Jersey: Brodeur (W,7-3-0). Power plays (goals-chances) — Philadelphia: 1-2; New Jersey: 1-5.

Attendance — 17,625 (17,625) at Newark, N.J.

SCORING LEADERS

| | G | A | PT |
|-----------------|---|---|----|
| Giroux, Pha | 8 | 9 | 17 |
| Briere, Pha | 8 | 4 | 12 |
| Brown, LA | 6 | 5 | 11 |
| McDonald, StL | 5 | 5 | 10 |
| Zajac, NJ | 5 | 5 | 10 |
| Kovalchuk, NJ | 4 | 6 | 10 |
| Kopitar, LA | 3 | 7 | 10 |
| Voracek, Pha | 2 | 8 | 10 |
| J.Staal, Pgh | 6 | 3 | 9 |
| B.Richards, NYR | 4 | 5 | 9 |
| Vermette, Pgh | 5 | 3 | 8 |
| Parise, NJ | 4 | 4 | 8 |
| Crosby, Pgh | 3 | 5 | 8 |
| Gaborik, NYR | 3 | 5 | 8 |
| Hartnell, Pha | 3 | 5 | 8 |
| Malkin, Pgh | 3 | 5 | 8 |
| M.Richards, LA | 3 | 5 | 8 |
| Schenn, Pha | 3 | 5 | 8 |
| Jagr, Pha | 1 | 7 | 8 |
| Ovechkin, Wash | 4 | 3 | 7 |
| Berglund, StL | 3 | 4 | 7 |
| Boedler, Pgh | 3 | 4 | 7 |
| Penner, LA | 2 | 5 | 7 |
| Williams, LA | 2 | 5 | 7 |
| Clarkson, NJ | 1 | 6 | 7 |
| Yandle, Pgh | 0 | 7 | 7 |
| Bergenheim, Fla | 3 | 3 | 6 |
| Kennedy, Pgh | 3 | 3 | 6 |
| Zubrus, NJ | 3 | 3 | 6 |
| Anisimov, NYR | 2 | 4 | 6 |
| Backstrom, Wash | 2 | 4 | 6 |
| Carle, Pha | 2 | 4 | 6 |
| Dupuis, Pgh | 2 | 4 | 6 |
| Klesla, Pgh | 2 | 4 | 6 |
| Kunitz, Pgh | 2 | 4 | 6 |
| Neal, Pgh | 2 | 4 | 6 |
| Sullivan, Pgh | 2 | 4 | 6 |
| Whitney, Pgh | 2 | 4 | 6 |
| Doughty, LA | 1 | 5 | 6 |
| Girard, NYR | 1 | 5 | 6 |
| Radulov, Nash | 1 | 5 | 6 |
| Simmonds, Pha | 1 | 5 | 6 |
| Stepan, NYR | 1 | 5 | 6 |
| Zidlicky, NJ | 1 | 5 | 6 |
| Bourque, Nash | 3 | 2 | 5 |
| Callahan, NYR | 3 | 2 | 5 |
| Chimera, Wash | 3 | 2 | 5 |
| Doan, Pgh | 3 | 2 | 5 |
| Elias, NJ | 3 | 2 | 5 |
| Legwand, Nash | 3 | 2 | 5 |
| Peverley, Bos | 3 | 2 | 5 |
| Read, Pha | 3 | 2 | 5 |
| Spezza, Ott | 3 | 2 | 5 |
| Talbot, Pha | 3 | 2 | 5 |

Not including last night's games

NBA PLAYOFFS

CONFERENCE
QUARTER-FINALS

(Best-of-7)

All Times Eastern

EASTERN CONFERENCE

CHICAGO (1) VS. PHILADELPHIA (8)

(Philadelphia leads series 3-1)

Sunday's result

Philadelphia 89 Chicago 82

Tonight's game

Philadelphia at Chicago, 9:30 p.m.

MIAMI (2) VS. NEW YORK (7)

(Miami leads series 3-1)

Sunday's result

New York 89 Miami 87

Tomorrow's game

New York at Miami, 7 p.m.

INDIANA (3) VS. ORLANDO (6)

(Indiana leads series 3-1)

Saturday's result

Indiana 101 Orlando 99 (OT)

Tonight's game

Orlando at Indiana, 7 p.m.

BOSTON (4) VS. ATLANTA (5)

(Boston leads series 3-1)

Sunday's result

Boston 101 Atlanta 79

Tonight's game

Boston at Atlanta, 8 p.m.

WESTERN CONFERENCE

SAN ANTONIO (1) VS. UTAH (8)

(San Antonio wins series 4-0)

Last night's result

San Antonio 87 Utah 81

Saturday's result

San Antonio 102 Utah 90

Tomorrow's game

x-Utah at San Antonio, 8:30 p.m.

OKLAHOMA CITY (2) VS. DALLAS (7)

(Oklahoma City wins series 4-0)

Saturday's result

Oklahoma City 103 Dallas 97

L.A. LAKERS (3) VS. DENVER (6)

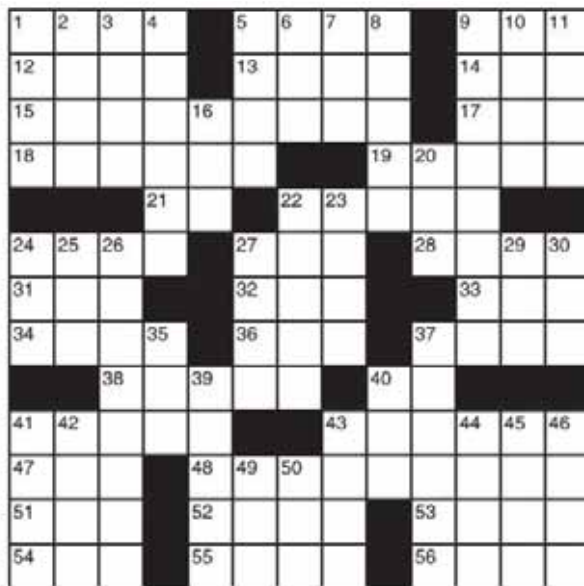
(L.A. Lakers lead series 3-1)</

Crossword

Across

- 1 Old man
- 5 On
- 9 Omega preceder
- 12 Grand-scale tale
- 13 Aching
- 14 A long time
- 15 Tyro
- 17 Arctic bird
- 18 Australian city
- 19 Mad
- 21 Gridiron score (Abbr.)
- 22 It's mostly discretion
- 24 Alger's "before"
- 27 Proscription
- 28 Cried
- 31 Melody
- 32 Choose
- 33 Geologic time
- 34 Escape
- 36 Conk out
- 37 Yuletide mood enhancer
- 38 Stick in the mud
- 40 Little — Peep
- 41 Huge home
- 43 Body of work
- 47 Sphere
- 48 Cash
- 51 Meadow
- 52 Stench
- 53 Peer acceptability, for short
- 54 Hudson co-star

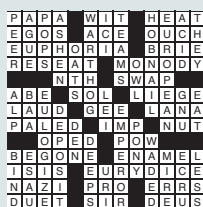
- 55 Existed
 - 56 "CSI" actor George
- Down**
- 1 Cribbage props
 - 2 Nashville entertain-ment
 - 3 Multicolored
 - 4 Perfumery output
 - 5 Wan
 - 6 As well
 - 7 Bobby of hockey
 - 8 Punishment-related
 - 9 The Owl and the Pussycat's boat color
 - 10 Acerbic
 - 11 Black
 - 16 Simpsons' neighbor
 - 20 Promptly
 - 22 Dull
 - 23 Initial stake
 - 24 U.K. fliers
 - 25 Be unwell
 - 26 Wisconsin city
 - 27 Presage
 - 29 Paid player
 - 30 Observed, to Tweety
 - 35 Type squares
 - 37 Root
 - 39 Downstairs
 - 40 Plead
 - 41 Shape
 - 42 Vicinity



- 43 Fairy-tale baddie
- 44 Miles of movies
- 45 Sax player's need

- 46 Tackles' teammates
- 49 Keatsian opus
- 50 Postal creed word

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

SB NPVXPIX KXCUIXY VK.
QXGKSQ PI RGX YSUVPIY.
FPW JPWDY NUF RGUR GX
CDUFXY SI DSXW PB DPW.
Yesterday's Cryptoquip: WHAT SONG MIGHT
SOMEBODY SING WHILE REMODELING
APARTMENT WALLS? "GOODBYE, OLD PAINT."
Today's Cryptoquip Clue: R equals T



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Weather



TUESDAY
MAX: 23°
MIN: 10°



WEDNESDAY
MAX: 25°
MIN: 8°



THURSDAY
MAX: 14°
MIN: 4°



MICHELE MCDUGALL
WEATHER SPECIALIST
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS 5:30 AM**

Horoscope

- ♈ Aries | March 21 - April 20.**
Aim to make money and move up in the world.
- ♉ Taurus | April 21 - May 21.**
At some stage today you will come to the conclusion that some of the things you fear are nothing more than illusions conjured up by your overactive imagination.
- ♊ Gemini | May 22 - June 20.**
You've found it difficult to trust certain people in recent weeks, which has had a negative effect on relationships. Starting today your confidence in them will be restored.
- ♋ Cancer | June 21 - July 22.**
You know what you want but try not to be too pushy or impatient

- because that could cause resentment among those who don't share your hunger to succeed.
- ♌ Leo | July 23 - Aug. 22.**
Any plans you've had to put on hold in recent weeks can start moving forwards again now.
- ♍ Virgo | Aug. 23 - Sept. 22.**
Use your powers of persuasion wisely and you will get whatever it is you desire.
- ♎ Libra | Sept. 23 - Oct. 22.**
Make a point of talking to people today, even people you would usually go out of your way to avoid.
- ♏ Scorpio | Oct. 23 - Nov. 21.**
If someone tries to tell you to work harder today you must tell them to

- mind their own business.
- ♐ Sagittarius | Nov. 22 - Dec. 21.**
You need to shake things up a bit.
- ♑ Capricorn | Dec. 22 - Jan 20.**
If for any reason you are less than happy with what's taking place at home or at work you must speak up.
- ♒ Aquarius | Jan. 21 - Feb 18.**
You will have a great idea today, but you would be wise to keep it to yourself.
- ♓ Pisces | Feb. 19 - March 20.**
News you receive from afar will help you make sense of something that has been confusing you.

SALLY BROMPTON



Caption Contest

"Peek-a-bear"
Debbie

COURTNEY SPRADLIN/THE LOG CABIN DEMOCRAT, THE ASSOCIATED PRESS

Win!



You write it!

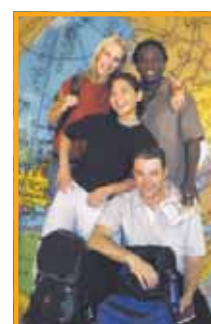
Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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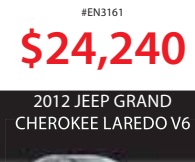
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\$17,640



#EN3161

\$24,240



#EN3165

\$36,860



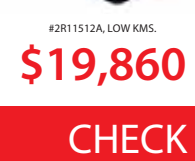
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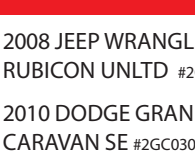
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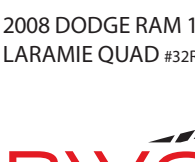
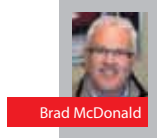
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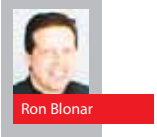


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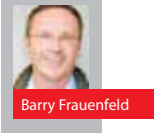
Shawn Alexander



Ron Blonar



Andrew Stennett



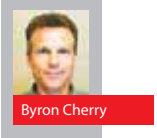
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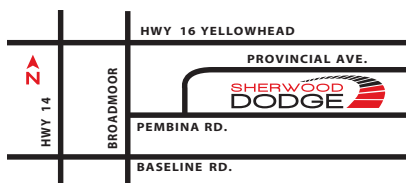
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Fri. 9am-6pm; Sat. 9am-2pm;
Sun. CLOSED